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A STUDY OF SICKNESS ABSENCE STATISTICS IN A

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Key Words: Sickness Absence, Hospital Nursing

دراسة الاجازات المرضية لمنتسبي الصحة / سلفرد ـ انكلترا الخلاصة:

تم دراسة اضابير ٧٥٧٢ متسب يعمل في مؤسسات الصحة لمدينة سلفرد لعامين (١٩٧١-١٩٧٧) فيين أنه التنهيز من كل ثلاثة اجازات مرضية كانت من النبوع التي يمنحها الفرد لنفسه، علما أن مجموع الايام المفقيدة للاجازات التي يمنحها الطبيب للفرد. يمنحها الطبيب للفرد. لقد بينت الدراسة أن الشباب اكثر ميلا لاخذ الاجازة المرضية مقارنة بالكبار إلا أن عدد اجازاتهم اقصره أما بالنسبة للاجازات كعدد وكايام فقد كانت اجازات الرجال اقل من اجازات النساء وأن النساء اللواتي يعملن بلوام جرفي اكثر من اللاجازات يعملن بلوام كامل.

SUMMARY:

The sickness absences of 7572 employees (Administrative, Ancillary and Nursing) employed by a Health Authority, was studied over 1974-5 and 1975-8. About 2 out of every 3 spells of absence were 'uncertified' although these only accounted for about 1 in 6 of all days of sickness adsence. Younger employees had a higher inception rate (spells), 3.8, than older employees but their average length of spell, 4.1 days, was

ردهات الجراحة والباطنية كانت وسطا بين المجموعتين. shorter

Male employees had a lower inception rate (spells), 2.3, and a lower average number of days lost per person, 14.5, than females. Among the latter, part-time females had both a higher inception rate and average deys lost per person than full-time females.

Nurses on the geriatric ward showed the highest number of days lost per person, 27.3, and those on the obstatric ward the lowest, 15.7. Surgical

and medical ward nurses were intermediate at 21.2 respectively.

INTRODUCTION:

The study of sickness absence may serve a number of uses. It can be a tool for monitoring people's health, an aid to preventive medicine 1 or used to control sickness obsence2.

Several factors affect sickness absence, not all of which may be directly related to illness3.

Before the 1816 report of the Select Committee on working conditions of children in mills, very Title systematic recording of sickness absence had been made. The first genuine scientific approach to sickness absence was by Mather⁴, in Manchester, and included a study of the effect of hours of work on productivity. This showed that a reduction in hours of work from 54 to 48 hours per week caused an increase in production and a decrease in lost time. Similar findings5,6, persuaded the government to reduce the weekly hours in arsenals to 48 hours, although industry as a whole did not follow suit.

Most studies of sickness absence have been concerned with various industrial populations and have examined the effects of a number of factors ^{on sickness} absence. These include:

a) Personal factors:- sex7, family responsibility8 age⁹, length of service^{10,11}, distance from work¹², $^{\text{Overtime}^{8,13}}$ and psychological factors $^{10,14}.$

^{b)} General factors: occupation¹⁵, wage rates¹⁶, local level of employment¹⁷, days of the week^{17,18} and season9.

 $^{\text{Although the National Health Service}}$ (N.H.S.) is one of the largest employers in the United

Kingdom (employing approximately one person in every hundred of the population), relatively few studies have been made of sickness absence among its employees 19-21. The Tunbridge Report²² indicated the need to increase both the scope and intensity of research into the causes of sickness absence in the N.H.S.

For the present study to be truly representative, it would have been preferable to study a random sample of all employees in the N.H.S. However, the difficulties of data collection limited the study to one Health Authority and to the time period 1974-1976. It was not possible to find an industrial population identical to the one under study for comparison or to compare the study population with the working population of the UK as a whole. However, the results have been compared with those of two large organisations (London Transport and the Post Office).

This paper examines:-

- 1. The sickness absence rates for all persons employed at any time in the two year period (1974-76) by age group, sex, marital status and type of job (i.e. full-time or part-time).
- 2. The sickness absence rates among the following types of employees after taking into account the effects of age group, sex, marital status and type of job by applying the indirect method of standardisation.
- a- Stable employees, joiners, leavers and joiners/
- b- Those working in different types of hospitals (psychiatric, children's and general).
- c- Those working in different types of wards

(medical, surgical, geriatric and obstetric) irrespective of hospital.

- d- Day workers compared with night workers.
- e- Weekly paid employees compared with those paid monthly.
- Comparisons are made with the statistics for the Post Pffice (1974-75 and 1975-76) and for London Transport (1971-75).

Definitions of terms are given in the Appendix.

MATERIALS AND METHODS:

The study population comprised all employees (7,995) who worked for the whole or part of the period 1.4.74 to 31.3.76 for the Area Health Authority (AHA). The employees worked in nine different hospitals of different sizes and speciality, several different clinics, a school of nursing and the area administration, providing medical services for 270,000 individuals living in an area of 24,000 acres.

Data on sickness absence was available on the personnel cards kept at the hospital department for only 4,700 of the 7,995 employee. Data for those employees who had no records held at hospital departments were obtained from records held at the area wages department. For some employees data was available from both sources. These were compared and where discrepancies were found the data used was that of the area wages department as it was expected that they would be more reliable²³.

The study populatin was classified by occupation into three main groups which were subdivided into nine categories of work, each of which was further subdivided into several grades (Fig. 1)

giving a total of 24 grades. Because it was not possible to fit 393 employees into one of the 24 grades, they were excluded and a further 30 employees were omitted because of incomplete data, leaving a total of 7,572 employees of whom 6,481 were employed in 1974-75 and 6,388 in 1975-76.

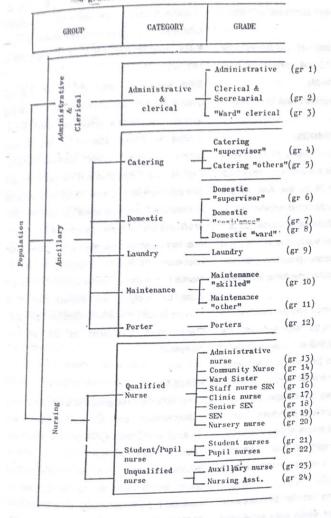
Each grade was further divided into five age groups and each age group divided into male and female. The female employees were further divided into Female Married Full-time, Female Single Full-time, Female Married Part-time, Female Single Part-time and Female Unknown. The male employees were all full-time and were not classified by marital status because the status of 568 (46.8%) of them was unknown.

In order to compare one grade with another, it was necessary to remove the effect of age (A), sex (S), marital status (M) and types of job (T). This was done by applying the indirect method of standardisation in which the combined total of 24 grades was considered as the standard population.

RESULTS:

In 1974-75 the three groups of 6,481 employees (Administrative and Clerical, Ancillary and Nursing) comprised 4,748 person years (see Table 1). They had 12,910 spells of absence (67.5% uncertified spells and 32.5% certified spells), which accounted for 78,861 calendar days lost (16.1% lost through uncertified spells, 83.9% lost through certified spells). These spells were taken by 75% of the total population (inception rate persons).

Fig (1) Distribution of study population into groups, categories and grades as follows.



is for the two years of the study 1974-75 and 1975-76.

	SUCS IN THE T	THE RESERVE OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAME
Table 1. Sickness absence stati	1974-75	1975-76
	6.481	6,388
No. of employees	4,748	5,341
person years	8,710	9,394
No. of uncertified spells	4,200	4,821
No. of certified spells	12.910	14,215
Totalino, of spells	12,717	13,845
Day's lost from uncertified spells	66,144	71,694
Days lost from certified spells	78,861	85,539
Total days lost	75%	77%
inception rate (persons)	2.7	2.7
respion rate (spells) hierage days lost per spell	6.1	6.0
hierage days lost per person	16.6	16.0
reportion of time lost	4.6	4.4
ercentage of uncertified spells	67.5%	66.1%
ercentage of certified spells	32.5% " "	33.5%

In 1975-76 the same three groups of 6,368 tables show only the standardised rates. spells and 33.9% certified spells) which accounted for 85,539 calendar days lost (16.2% lost through certified spells). These spells were rate persons).

Landon Transport for the purpose of comparison. average days lost per person were standardised to remove the effect of all factors other than the Further sickness absence rates are only

employees comprised 5,341 person years. They From Table 3 it can be seen that the younger took 14,215 spells of absence (66.1% uncertified __employees had a higher inception rate of spells of absence but a lower average number of days lost and average length of absence.

days lost though uncertified spells, 63.6% days. Table 4 shows that males had a lower inception rate (spells) and average days lost per person taken by 77% of the total population (inception - than females. Married had a similar inception rate to single females but had higher average days Table 2 shows the figures for the Post Office and lost per person and average length of spell. The part-time females had a higher inception rate and The absence rates (inception rate - spells) and average days lost per person than full-time females.

one needed for a specific comparison; the foctors presented for certain in, "vidual grades and for being age, sex, marital status and type of job. As certain combinations of grades containing a large there was little difference between the actual number of employees. They are all nurses. Stable rates and the standardised 12*** the following employees had a lower inception rate (spells) and Sickness absence statistics for the Foot Office employees (1974-75 & 1975-76⁽¹⁾) and expectation of the Executive employees (average 1971-75⁽²⁾) desired to

e 2. Sickness absence ondon Transport Executiv		Post Office	Employees				London
Sickness	19	74 - 75	iele crit to a	19	75 - 76		Transport Executive
Absence							1971-1975
Statistics	Niale	Female	Total	Male	Female	Total	All Males
		105218	431533	331656	104863	436519	80051
INo. of Employees	326315	320509	1044081	731932	309138	1041070	141141
INO of Spells	723572 4199687	1861279	6060966	4319789	1782106	6101893	1399442
olon of days lost	41000		61.0		X.50 ·	62.4	61.6
centage of Uncertified Spells	-	-	2.4	2.2	2.9	2.4	1.8
centage of other	2.2	3.0	5.8	5.9	5.8	5.8	9.9
erage length of spell (days)	5.8	5.8	14.1	13.0	17.0	14.0	17.5
erage days lost per person	12.9	17.7 4.8	3.8	3.6	4.7	3.8	4.8

(I) Post Office - Annual report on sickness absonce and medical wastage 1974-75 and 1975-76.

(I) London Transport Executive reference 916/A700, 17th February, 1977. (3) These figures were calculated using calendar days - 365 days per year.

Table 3. The sickness absence rates by age group for all employees (7,572) employed for partor all of the two years 1974-76. Standardised for sex, marital status and type of job.

part or all of the two years 197	7-16. Starte	arenee	Name of SUCT 9.3	8 12 73	
Sickness Absence Rate		Age	Group	1000 T.N	المستحدد للمشار
Sixiless Absence nate	16-24	25-34	35-44	45-54	55+
10010		3.1	2.6	2.4	1.8
Inception rate (spells) Average days lost per person	3.8 16.5	15.9	17.3	17.0	17.8
	4.1	5.2	6.9	8.0	10.0
Average length of spell (days)	4.1			not 307 15 15	

विभेद 4. The sickness absence rates by Sex, Marital Status and Type of Job for all employees

[1572] employed for part or all of the two years 1974-76 standardised for age.

(7,572) employed for part or all	of the two	years 1974-	76 stancard		Female	Female
Sickness Absence Rate	Male	Female Married Full-time	Female Single Full-time	Female Married Part-time	Single Part-time	Unknown
	SUE US F	Full-dime			3.1	2.5
Inception rate (spells)	2.3	2.7	2.6	3.0		16.2
hiverage days lost per person			14.8	18.3	16.6	10.2
as days lost per person	14.5	16.5	14.0		5.2	6.4
Average length of speil	6.3	7.7	4.4	6.4	5.2	
- spon	0.0					

average days lost per person than those classified as joiners, leavers or joiners/leavers with the highest rates among the joiners/leavers (Table 5). Nurses working in different hospitals or different wards (Table 6 & 7) had different absence rates, in the main, the more senior the grade of nurse the lower the inception rate for spells and averge days lost per person. The geriatric ward showed the highest number of days lost per person and the obstetric ward the lowest. Night nurses showed lower absence rates than day nurses (Table 8) but a longer average length of spell for both SRN and SEN nurses.

Empioyees paid weekly had lower absence rates than those paid monthly but again a longer average length of spell for both SRN and SEN (Table 9).

DISCUSSION:

The unstandardised absence rates remained constant over the two years (Table i), falling between the values for the Post Office and those for London Transport. There was a 2% increase in the inception rate (persons) from 1974-75 to 1975-76 which might be explained by the epidemic of influenza which came early in 1976²⁴

Table 5. Annual sickness absence rates for selected grades by other variables for employees (person years) employed for part or all of the two years April 1974-76.

	Grade	Stable employees	Joiners	Leavers	Joiners/ Leavers
And the second second	Ward Sister	574.8	119.7	90.2	10.5
Person	SRN	240.3	146.7	73.1	41.7
Years	SEN	520.7	137.3	70.7	63.6
Inception rate (speils)	Ward Sister	2.0	2.4	2.5	3.8
Standardised	SRN	2.2	2.5	2.8	3.6
for ASMT*	SEN	2.5	2.9	3.4	3.5
Average days lost	Ward Sister	15.0	15.4	and not bearing	
per person	SRN	15.5	16.5	19.0	28.9
standardised	SEN	19.8		15.8	18.7
or ASMT*		-	21.6	42.4	30.3
lverage length	Ward Sister	7.8	5.3		Pares
	SRN	6.8	5.2	6.9	6.3
	SEN	8.7		4.7	4.1
		P 1 1	6.5	11.6	6.8

^{*}ASMT = Age, Sex, Marital Status, Type of Job.

Table 6. Annual sickness absence rates for selected grades by by there different types of

ple 6. Annual section is all of the two yes	the same property of		Ohilahaasha
	Psychiatric		Children's
Charge	Hospital	Hospital	Hospital
_{erson} years	230.5	282.6	84.5
Ward Sister	139.0	200.1	66.8
SRN	343.1	103.5	23.5
SEN	memorine a second		part 1527
nception Rate (Spells)			
Sandardised for ASMT*	1.9	2.3	2.0
Ward Sister	2.4	2.8	2.1
SRM . SEN.	2.4	3.2	2.5
The second secon	AND DESCRIPTION OF THE PERSON	100 mg/200	
kverage days lost per			
person standardised for ASMT*	13.4	16.5	14.7
Ward Sister S.R.N.	15.9	14.7	12.5
SEN.	13.5	27.3	20.3
Average length of spell	and the same of the	1 10	
Ward Sister	7.9	6.7	6.2
SRA	5.9	4.6	5.4
SEN	8.6	8.2	6.4

'ASMT = Age, Sex, Marital Status, Type of Job.

Table 7. Annual alckness absence rates for nurses in different types of ward (person years)

employed for part or all of the two years April 1974-76.

all of the two you	Standardised rate for ASMT*		Average length of
Person Years	Rate (spells)	lost per person	spell
172.0 163.4 132.8	2.4 3.3 2.8	21.2 27.3 22.4 15.7	8.2 8.0 7.0 6.1
	Person Years 172.0 165.4	Tor ASMT* Person Years Rate (spells) 172.0 2.4 165.4 3.3 132.8 2.8	Standardised rate for ASMT* Person Years Rate (spells) lost per person 172.0 2.4 21.2 163.4 3.3 27.3 132.8 2.8 15.7

'kSirt - Age, Sex, Alarital, type or Job

Table 8. Annual sickings absence rates for selected grade by day/night work for nurses employed for part or all of the two years 1974-76.

Grace	Person	Standardised rates for ASMT* inception Plate (Spalie)	Average days lost per person	Average length of Spell	1 100 c 155	
	MARKET ST. BETTER A. P.	Сропо	ALL LAND OF THE PARTY OF THE PA	H = 100		
Ward Sisier Day Shift Night Shift	450.2 165.6	2.4	17.7 14.1	6.9		
Day Shait Night Shait	262.6 158.1	2.7 2.3	17.6 15.2	5.7 6.0		
Day Shift Night Shift	021.1 239.3	3.1	25.1 23.2	7.7 9.6	100	-

^{*}ASMT = Age, Sex, Marital Status, Type of Job.

Table 9. Annual sickness absence rates for selected grades by method of payment for nurses employed for part or all of the two years 1974-76.

Carried States		Standa	rdised rates	Average	
	Person	for	ASMT*	Length	
Grade				of	Tun Cara
	Years	Inception	Average days		
		Rate	lostper	Speils	
	TELESCAL TORREST	(Speiis)	person		
Ward Sister					
Weekly Paid	339.3	2.1	13.5	6.8	
Monthly Paio*	396.9	2.3	18.6	7.4	
S.R.N.					
Weekly Paid	335.6	2.4	16.0	6.2	10 30 1 Jan 1
Monthly Paid	169.6	2.8	16.3	4.4	
S.E.N.					
Weekly Paid	589.8	2.6	20.8	8.7	
Monthly Paid	183.0	3.5	28.4	76	

^{*}ASMT = Age, Sex Marital Status, Type of Job.

Fig (1) Distribution of study population into groups, categories and grades as follows.

In this study there were differences in the absence rates between the three groups, with a tendency for the administrative and clerical groups to show the lowest rates and the ancillary group the highest, while the nursing group fell between the two. This suggests that the type of occupation is an important factor in sickness absence rates, a finding which follows previous studies both in industrial populations¹⁷ and in hospital staff²⁵.

In general, the absence rates for each group showed that the younger employees had a higher inception rate and a lower average days absent per person than older employees and that the average days per spell increased as age advanced. These patterns were similar to those found in other studies^{26,27}. When absence rates between the sexes were compared, these were found to be generally higher amony female employees. This parallels the finding in 1. Ost other studies^{13,28}

The lower inception rate and average days lost per person for female full-time employees compared with other female employees agrees with other studies on nursing groups which showed the persistence of a lower absence rate among full-time compared with part-time employees when the population is subdivided into Ward Sister, SRN and SEN.

The inception rate (spells) and average days lost per person vary inversely with the responsibility of the employees while the average days lost per spell varied directly 19,29

There were differences in all three of the absence rates among employees when they were grouped by stability of employment, in that stable employees showed a lower absence rate than other groups. This may reflect a degree of job satisfaction amony stable employees, whereas the higher absence rates among leavers and joiners/leavers may reflect job dissatisfaction or a desire to use up all their sickness entitlement. This is similar to the findings of Carter³⁰ on Table merchant seamen that leavers have a higher inception rate (spells) than stable employees, but dissimilar to Lokander's study13 on an industrial population which found that joiners/leavers had a lower inception rate (spells) than stable employees

Differences in the three absence rates exist for the grades of Ward Sister, SRN and SEN within each grade working in different hospitals. These findings are supported by other studies among hospit' employees 19,21,29. Qualified nurses in the geriatric ward have more spells of absence and more days absent per person than their colleagues in other wards (Medical, Surgical and Obstetric). The existence of a difference in sickness absence rate among qualified nurses working in different wards is supported by other studies amongh nursing groups26. The lower rates among night workers may be explained by the fact that these employees choose their job, and that they may be able to arrange their social life and deal with problems during the day when they are at home. This finding is similar to that of Brook's study 29

NOTE:

This paper is based on a thesis submitted by one of us (H.J.) for the degree of Ph.D. of the University of Manchester.

APPENDIX

Definitions

- 1. Spoil: a spell of sickness is a period of absence attributed to illness of one complete day or a series of consecutive calendar days from the initial day (the first full day a person is away fron work) to the final day which may be (a) tha day preceding the day on which the person resumed work, (b) the day preceding the day of dismissal, (c) the day before taking a pension, (d) the day on which the person who is absent died, or (e) the 182nd day of a spell.
- 2. Person years: the total number of calendar days on which an employee was employed during the period of the study divided by 365.
- 3. Inception rate persons: the total number of employees (expressed as person years) who start at least one spell of sickness during a defined period divided by the total number of employees (expressed as person years) at work during that period.
- 4. Inception rate spells: the total number of spells of sickness absence which start during a defined period divided by the total number of employees (expressed as person years) at work during that period.
- Average days lost per person: within a defined period the total number of calendar days lost from all spells of sickness absence that

occurred wholly or partly within that period divided by the total number of employees (expressed as person years) at work during that period.

- 6. Average length of spell: the total number of calendar days lost from all spells of sickness ending in a defined period divided by the total number of spells ending during that period.
- 7. Proportion of time lost: within a defined period the total number of calendar days lost from all spells of sichness that occurred wholly or partly within that period divided by the total number of days (in clendar days) in that period.
- Stable employees: employees in continuous employment for the whole of the two years 1974-
- Lea rers: employees leaving the Area Health Authority (AHA) employment at any time during the two years April 1974 to March 1976, and not joining within that period.
- **10. Joiners:** employees jouning the AHA's employment at any time during the two years 1974-76 and not leaving within that period.
- 11. Joiners/Leavers: employees joining tha AHA's employment at any time during the two years 1974-76 and leaving within the same period.
- 12. Ward: for some qualified nurses it was possible to copy information on place of work (ward) from the personnel card. This was understood to be the permanent place of work for the period of the study.
- 13. Day nurses: these were qualified nurses working between 6.00 am and 6.00 pm irrespective of hospital or wards as recorded on

their personnel cards. 14. Night nurses: as day nurses but working between 6.00 pm a 1 6.00 am.

15. Weekly employed employees: this included all employees who were paid each week on the basis of the number of hours worked.

16. Monthly paid employees: this included all employees who received their salary every month irrespective of whether they worked full or part-

17. S.R.N.: State Registered Nurse - nurse who has passed three years general training.

18. S.E.N.: State Enrolled Nurse: - nurse who has passed two years general training.

19. Ward Sister - senior S.R.N. in charge of a

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